# **Service to Humanity**

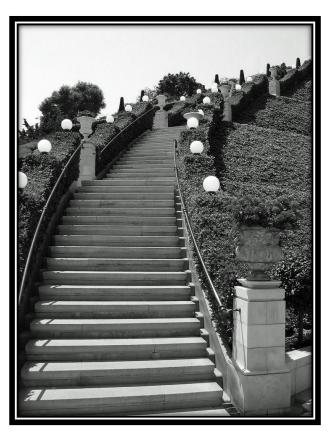
## INTRODUCTION: Approaching the threshold...

Dear friends and lovers of the light. In this study we will explore the Bahá'í Teachings regarding service to humanity. We will learn about a service that is accompanied by a heartfelt love for the people and motivated solely by one's love for God, and not by any personal benefit, recognition, or gain. 'Abdu'l-Bahá reminds us: "Love and serve mankind just for the sake of God and not for anything else."

Even though service to humanity is clarified and expanded by the Bahá'í Revelation, this is not a new teaching in religious history. The station and value of service as it relates to our spiritual reality can be found in religious scriptures written thousands of years ago. One example can be found in these recorded words of Jesus: "And he among you who wants to be the first will be a servant to all."<sup>2</sup>

Some aspects of service to humanity are also covered in two separate *Bahá'í Essentials'* studies titled: "Service to the Cause" and "The Spiritual Nature of Work". This study, under the greater umbrella of service to humanity, will address the basic teachings of the Faith from serving the ones you're with, to social action in multi-national organizations that tend to the greater humanitarian needs.

An old adage says so much: "When everyone serves, everyone gets served." Let's explore.



From the Bahá'í Terrace Gardens, Haifa, Israel.
"...striving to serve. He who serves most is nearest to God."

—`Abdu'l-Bahá

#### **OBJECTIVE:** A look to the horizon...

**Facilitator** 

Review the following objective with the participants:

The objective of this study is to understand the fundamental verities or basic truths regarding service to humanity.

<sup>&</sup>lt;sup>1</sup> From notes taken of talks given by `Abdu'l-Bahá, Star of the West, Vol. IX, p. 99

<sup>&</sup>lt;sup>2</sup> Aramaic Bible in Plain English, Mark 10:44

### THE STUDY PROCESS: Attaining the water of life...

Facilitator

Review the following study process with the participants. Then study the numbered quotations that follow, one at a time as described below.

- 1. **READING:** A drink from the cup of guidance...
  - A. Read the quotation out loud in its entirety.
- **2**. **CONFIRMING MEANING:** A spray from the fountain of light...

To better understand certain words used in the quotation, take turns with the following:

- **A.** Each participant **choose a word** from the quotation and **state it** for the whole group to hear. (Like a fun game pick a word!) Then...
- **B.** Read out loud the sentence that contains the **word** you selected, **while substituting for that word**, its given phrase, definition, or synonym from the boxes below the quotation.
- C. Repeat A and B above until everyone is satisfied with their understanding of the words.
- 3. **FINDING VALUE:** Mining the gems of truth...
  - A. Read the quotation out loud again in its entirety.
  - **B.** Take turns **stating each basic fact or truth** you can find in the quotation about **service to humanity.**

#### **QUOTATIONS:** Within the meadows of Thy nearness...

1. May you love all and serve all, because serving mankind is serving God. Everyone should be kind. Everyone should strive for unity and endeavour to serve mankind. All nations should become as one nation and each should serve all.

('Abdu'l-Bahá, from a talk cited in Star of the West, Vol. II, No. 12, p.3)

endeavour: try to achieve with earnest effort kind: of a generous, friendly, and considerate nature to do good and bring happiness to others love: have a vulnerable, unconditional compulsion for spiritual intimacy, dominated by warmhearted affection, compassion, and concern for the good of all

serve: actively exert oneself to answer the needs of, be of use to, help, comfort, guard, protect, benefit, wait upon, watch over, and assist strive: devote serious energy or effort unity: a heartfelt condition of peace, love and harmony in human relations, free of contention, dissension, and the struggle for dominance

2. Briefly, all effort and exertion put forth by man from the fullness of his heart is worship, if it is prompted by the highest motives and the will to do service to humanity. This is worship: to serve mankind and to minister to the needs of the people. Service is prayer.

('Abdu'l-Bahá, *Paris Talks*, p. 176 ¶55.1)

exertion: active exercise of any power or faculty

man: people

minister: give aid or service

**motives**: emotions or desires that move one to act **prayer**: an expression of respect, honor, adoration,

and reverence to God **prompted**: moved to action

**serve**: actively exert oneself to answer the needs  $\Diamond$ 

of, be of use to, help, comfort, guard, protect, benefit, wait upon, watch over, and assist

service: active exertion to answer the needs of, be of use to, help, comfort, guard, protect, benefit, wait upon, watch over, and assist

worship: an expression of respect, honor, adoration, and reverence to God

3. All men have been called into being for the betterment of the world. It behooveth every soul to arise and serve his brethren for the sake of God.

(Bahá'u'lláh, *The Tabernacle of Unity*, p. 43 ¶2.42)

arise: actively come forth

behooveth: is advantageous and necessary for betterment: making better or improving

brethren: fellow human beings

called into being: brought into existence; created

sake: good pleasure and honor

serve: actively exert oneself to answer the needs of, be of use to, help, comfort, guard, protect, benefit, wait upon, watch over, and assist

men: people

**4.** Cling ye to the hem of virtue, and hold fast to the cord of trustworthiness and piety. Concern vourselves with the things that benefit mankind, and not with your corrupt and selfish desires. (Bahá'u'lláh, Epistle to the Son of the Wolf, p. 29)

benefit: promote the well-being, prosperity, and

happiness [of]

cling ye: hold on tight; adhere

concern: give importance, have interest, and be

involved

cord: figuratively — moral or emotional tie corrupt: morally dishonest, distorted, or perverted

desires: strong wants or perceived needs

fast: firmly without yielding

hem: sewn border or edge of a garment; figuratively — divine nearness piety: devoted reverence towards God

selfish: excessive or exclusive concern for one's

own welfare and advantage

trustworthiness: being worthy of trust and reliance virtue: commendable spiritual qualities and traits

5. The real fruit of the human tree is everlasting, and that is the love for God, that is the knowledge of God, that is service to the world of humanity, that is kindness to all mankind, and that is endeavouring and striving for the material and spiritual-or ideal-development of the world of man. This is the everlasting fruit. This is the divine effulgence. This is the divine bestowal. This is the everlasting life.

('Abdu'l-Bahá, from a talk cited in *Star of the West*, Vol. IV, No. 11, pp. 193-94)

bestowal: boundless spiritual gifts from God; "...bestowals which are the wisdom and guidance of God and the favor of God, which constitute spiritual progress." ('Abdu'l-Bahá, *Divine Philosophy*, p. 34)

divine: God inspired; holy; sacred effulgence: literally-radiant flood of light having extreme splendor, luster, and brilliance; figuratively-spiritual knowledge, understanding, inspiration, grace, and enlightenment that come from God through His Manifestations, bringing forth in humankind divine attributes and spiritual qualities; "By this is meant the effulgence of His names and attributes, . . . " (Bahá'u'lláh, The Summons of the Lord of Hosts, p. 109 ¶211)

endeavouring: trying to achieve with earnest effort

everlasting: eternally enduring; continuing without end

fruit: joyous effects or outcomes

ideal: highest standard of excellence [in the] kindness: of a generous, friendly, and considerate nature to do good and bring happiness

knowledge: awareness, recognition, and

progressive understanding

love for: vulnerable, unconditional, warm-hearted attraction for spiritual intimacy with

man: humanity

service: active exertion to answer the needs of, be of use to, help, comfort, guard, protect, benefit, wait upon, watch over, and assist

striving: devoting serious energy or effort

6. We must now highly resolve to arise and lay hold of all those instrumentalities that promote the peace and well-being and happiness, the knowledge, culture and industry, the dignity, value and station, of the entire human race. Thus, through the restoring waters of pure intention and unselfish effort, the earth of human potentialities will blossom with its own latent excellence and flower into praiseworthy qualities, and bear and flourish....

(`Abdu'l-Bahá, The Secret of Divine Civilization, p. 4)

arise: actively come forth

**bear**: come to satisfying fruition and production **dignity**: state of being worthy of honor, nobility,

and esteem

**excellence**: superior qualities and features **flourish**: reach the climax of development **instrumentalities**: ways, means, and methods

intention: determined aims and goals

latent: present capabilities, not yet obvious or active

lay hold of: come to understand and possess

**potentialities**: abilities that can be brought into existence and developed

**promote**: furthers the progress, supports, and

actively encourages

pure: free and clear of morally defiled or corrupt

resolve: with determination, decide

restoring: bringing back into existence, use, or

function

well-being: state or condition of wellness,

happiness, and prosperity

7. The friends must, with wisdom and moderation, after careful consultation, and according to their capacity and means, assist any association that sincerely aims to contribute to the common weal and to the best interests of the world of humanity. They should participate to the extent possible, but must refrain from the least involvement in politics, whether in their deeds, hearts, or words, and must shun and avoid any association with malevolent and contending parties.

(Shoghi Effendi, from a letter dated September 1926 written to the Bahá'ís of the East – translated from the Persian, cited in *Social Action*, A Compilation Prepared by the Research Department of the Universal House of Justice, p. 24 #89)

**association**: group, society, or organization; joint action in common interests or activities

**common weal**: general well-being, prosperity, and happiness

consultation: "Therefore, true consultation is spiritual conference in the attitude and atmosphere of love." ('Abdu'l-Bahá, *The Promulgation of Universal Peace*, pp. 72-73

contending: striving in opposition

extent: amount or degree

friends: Bahá'ís

**interests**: welfare, benefits, and advantages **involvement**: inclusion; participation

least: even the slightest or smallest amount [of]
malevolent: [those] disposed to ill will, injury, or
harm to others

means: resources and funds

**moderation**: with restraint from excesses **politics**: anything pertaining to those interest groups or individuals who compete for partisan power or leadership in government

parties: groups organized for the purpose of promoting shared theories and principles

refrain: hold oneself back shun: persistently turn away from wisdom: sound and good judgement 8. Most appropriately conceived in terms of a spectrum, social action can range from fairly informal efforts of limited duration undertaken by individuals or small groups of friends to programs of social and economic development with a high level of complexity and sophistication implemented by Bahá'í inspired organizations. Irrespective of its scope and scale, all social action seeks to apply the teachings and principles of the Faith to improve some aspect of the social or economic life of a population, however modestly. Such endeavors are distinguished, then, by their stated purpose to promote the material well-being of the population, in addition to its spiritual welfare. That the world civilization now on humanity's horizon must achieve a dynamic coherence between the material and spiritual requirements of life is central to the Bahá'í teachings.

(The Universal House of Justice, Ridyán 2010 message to the Bahá'ís of the World, ¶29)

Bahá'í inspired organizations: ...groups of believers who share a common vision of service. Such an agency can be established as a nongovernmental, non-profit organization for social and economic development. (Office of Social and Economic Development, 1994 Aug 28, Evolution of Institutional Capacity)

central: of primary importance coherence: unified whole

complexity: complicated, interrelated parts
conceived: thought of or understood

distinguished: by their prominent qualities, set

apart from others

dynamic: changing and growth producing

**endeavors**: goal directed efforts **horizon**: purview, range, or reach

implemented: carried out or put into effect

**informal**: requiring no authorization; unofficial **material**: concerned with the physical aspects of

life

modestly: limited in scope

principles: basic truths or standards

requirements: condition demanded as necessary

and appropriate

**social action**: ...to apply the [Bahá'í] Revelation to the manifold dimensions of social existence. (The Universal House of Justice, *Framework for* 

Action, p. 222, ¶35.30)

**sophistication**: well refined development **spectrum**: graduated scale with a wide range of

characteristics

**spiritual**: divine or higher nature **welfare**: health and happiness

well-being: state or condition of wellness,

happiness, and prosperity

9. The highest righteousness of all is for blessed souls to take hold of the hands of the helpless and deliver them out of their ignorance and abasement and poverty, and with pure motives, and only for the sake of God, to arise and energetically devote themselves to the service of the masses, forgetting their own worldly advantage and working only to serve the general good.

('Abdu'l-Bahá, The Secret of Divine Civilization, p. 102)

**abasement**: degraded or humiliating state or condition **advantage**: benefit, interest, prosperity, and well-

being

**blessed**: spiritually happy

deliver: bring forth and liberate or rescue

devote: wholly give up

**energetically**: with great vigor and effectiveness **helpless**: [people] unable to defend themselves or

act without help

ignorance: absence of awareness and knowledge

masses: common people of society

**pure**: free and clear of morally defiled or corrupt **righteousness**: quality of doing what is morally

right, fair, and just

sake: good pleasure and honor

**serve**: actively exert oneself to answer the needs of, be of use to, help, comfort, guard, protect, benefit, wait upon, watch over, and assist

**service**: active exertion to answer the needs of, be of use to, help, comfort, guard, protect, benefit,

wait upon, watch over, and assist worldly: material and social

## SHARING EXERCISE: A breath from the spirit of inspiration...

Facili	tator	Ask the participants to complete the statements below. When everyone has finished, have each person share, in a round, one thing that was outstanding or inspiring and what spiritual feelings it enkindled. Please remind everyone not to remark on the comments of others.
One thin	g from tl	ne quotations that was outstanding or inspiring to me was
It made 1	me feel _	
Explain _		
SOME	QUE	STIONS: A cup from the showers of confirmation  Ask the participants to answer the following questions. They can usually find
Facili	tator	answers in the quotations just studied or in the introduction. When everyone has finished, review the questions, then share and discuss the answers.
		unknowable and unattainable, one of the best ways we can express our love for Him service to
□ a □ b □ c □ d □ d	a. agricu b. health c. educa l. the er	h. race relations  ition  i. industry and trade  avironment  j. arts and sciences  omic development  k. the development of culture
		d civilization now on humanity's horizon must achieve a dynamic coherence between and spiritual requirements of life is central to the Bahá'í teachings.
creat □ a □ b □ c	ed "to co a. we we b. us be	ells us that we have been brought into being "for the betterment of the world" and arry forward an ever-advancing civilization". This means ere created to be of service to humanity ing on the planet makes for a better world of the above b
of G		ns recommended for service to mankind include a motive that is pure and for the sake
Continue	ed on nex	at page

sta  2. From	DECIDING AC		vice to Humanity," describe what <i>you</i> sefforts to	•
sta			eam of light	
Ba tha	há'u'lláh wrote: at which hath been dy class could be	n written into reality and a	man of insight and understanding to struction" Imagine how the Bahá'í Testion. Take turns sharing the possibilit my ideas as you want.	achings in this
	Facilitator t	o write out their individual everyone has finished, move		
				41 41 4
ΔΙ	PPI ICATION	: Showing forth divin	2 light	
	☐ d. your frier		g. an me above	
	□ b. your neig □ c. your child	hbors	☐ f. those you feel incon☐ g. all the above	
9.	Service to human ☐ a. your fello	nity might include serving the might include serving the might be served in the might be se	e better interests of  ☐ e. whomever you are v	vith
	□ c. corrupt a	nd selfish desires	$\Box$ f. all the above	
	☐ b. worldly a	dvantages	☐ e. material or social re	
8.	In service to man our own  □ a. potential		oncerned with the things that benefit  d. welfare and benefits	
7.	mothers. Follow choice between them, and let suc thee. Observe the	ye the path of Truth which he opportunity to render a so h service be a path leading refore that which thy Lord, i	nat which would sadden the hearts of y indeed is a straight path. Should any ervice to Me and a service to them, chow to Me. This is My exhortation and the Mighty, the Gracious, hath prescribone's service to humankind?	one give you a pose ye to serve command unto ped unto thee."
	□ yes □	] no	·	

<sup>&</sup>lt;sup>1</sup> Bahá'u'lláh, cited in *The Compilation of Compilations*, Vol. I, p. 387, #824

### **CLOSING MEDITATION:** A heart song...

#### From a talk given by `Abdu'l-Bahá.

This meeting is, verily, the noblest and most worthy of all meetings in the world because of these underlying spiritual and universal purposes. Such a banquet and assemblage command the sincere devotion of all present and invite the downpouring of the blessings of God. Therefore, be ye assured and confident that the confirmations of God are descending upon you, the assistance of God will be given unto you, the breaths of the Holy Spirit will quicken you with a new life, the Sun of Reality will shine gloriously upon you, and the fragrant breezes of the rose gardens of divine mercy will waft through the windows of your souls. Be ye confident and steadfast; your services are confirmed by the powers of heaven, for your intentions are lofty, your purposes pure and worthy. God is the helper of those souls whose aim is to serve humanity and whose efforts and endeavors are devoted to the good and betterment of all mankind.

(`Abdu'l-Bahá, The Promulgation of Universal Peace, p. 448 ¶132.4)

### ANSWERS: Affirming treasures...

- 1. humankind
- 2. all except f and I
- 3. material
- 4. a
- 5. true
- 6. no
- 7. all answers are valuable
- 8. f
- 9.

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